



# **S. PHILIP & S. JAMES CHURCH, MORTON PARISH MAGAZINE**



**June 2021**

**Price 50p**

# **Regular Services**

**Sunday Private Prayer 11-12 noon**

**Things may change before the end of the month**

**Check web page, Church Notice Board for updates  
Or Contact Churchwardens**

**Enquiries for**

**Holy Baptisms, Holy Matrimony,  
Banns of Marriage**

**Michelle Scott at the Church office  
Tel: 676383**

**e:mail [bordergroupadmin@hotmail.co.uk](mailto:bordergroupadmin@hotmail.co.uk)**

**Funerals, Pastoral or Confidential Matters  
Contact:**

**The Rector**

**The Reverend Kathryn Trimby**

**Llanymynech Rectory, Rectory Lane, Pant  
Oswestry SY10 9RA**

**01691 590025**

**Mobile 07944504330**

My dear friends

June already and the longest day, just around the corner, now there's a frightening thought, as we turn our attention away from lazy, hazy days of summer to come, and have one eye trained to winter once more, which may or may not put a smile on your face. Hopefully, if your smile turned to a frown, stop at the thought of the lazy, hazy days and go no further and that will return the smile, as we think of gatherings of family and friends for Bar B Q's and being able to greet with a kiss on the cheeks or a bear hug, something we've missed for what seems like an absolute age! Things seem to be getting back to some



kind of semblance of what we regard as normal, (at least for the moment anyway) and for that we are grateful and it gives us something to smile amount. Later this month, according to the possible easing of lockdown altogether, restrictions will be lifted and the pause button on our lives activated when this first began, can be pressed again and normal life, whatever that now means, can start to resume again. There will be a certain degree of trepidation, I am sure, not to mention, the firm belief that some restrictions, albeit slightly amended ones, will of necessity be with us for a long time yet, but a further relaxation has got to be a positive step and one we eagerly look forward to with glee and delight. So what they have given warning sirens of being cautious and vigilant. We know all of that deep down, none of us wants to go backwards, only forwards with faith and hope. So let's not focus there just at present but of a looking forward with optimism.



I happened to look up the month of June the other day, did you know it was the UK's National Smile Month in June? Neither did I, but apparently it is, and with lockdown easing, infection rates declining and holding steady, and vaccinations progressing well, we have much to smile about and be thankful.

So as, we think of our frowns slowly turning upside down, and smiles becoming the norm, let us seek this month to put smiles on the faces of our nearest and dearest by doing something, saying something or even something else to make it stretch from one end of the face to the other and be reflected in the eyes, and don't just stop with friends and family, plenty of people in your lane, street, community are in need of a smile, help put one on their face and keep it there. Spread a little love, in sharing joy, laughter, kindness and happiness this month. Let's make June the best ever National Smile Month ever in our homes and communities.



Stay safe and well and remember to smile, Jesus loves you.

Til next time...

Yours in Christ

**Kathy**

### **Knit Together in Love**

For some, they need more than a tea bag and a bookmark so to speak, they need not just thoughts but prayers as well, and if you know of anyone who needs that, then let Revd Kathy know she has some special prayer squares, knitted with love and prayers and some prayer booklets which can be given and added to our prayer list too. If you, yourself or someone you love need or would like that, then please do let Revd Kathy know.



## Sofa Club and Dementia Activities

It has been great to be able to meet up again in small groups in this last month or so, doing services at the same time in our own homes has a place as does talking on the phone but it isn't the same as being able to see each other face to face! It was then with great delight that our small garden groups were a welcome treat to and for us all and we look forward to when we can all be together again, which hopefully will be later this month.



It is likely that there will be some measures in place after 21 June, but all being well, we can meet with all the Covid safety precautions in place, socially distanced in the hall at 2pm and enjoy some afternoon tea together, including cup cakes as June is usually the big Alzheimer's Society Cupcake party so donations to it would be appreciated, we might even have a game or two based around the Cupcake!

We realise not every member of Sofa Club will feel ready to come back yet and that is fine, we will still keep in touch with you via our Comfy Cushion Conversations for the moment and you can return when you feel comfortable and if it is warm and dry enough to meet outside then we will do so, at least for a while, but if not in the hall, with doors open!

It will be great to be together again if possible, if things change and we are unable to meet then we will continue as before.

10 June – short service '2 for Tea x Three'

24 June – Afternoon Tea Party to hopefully welcome us back in aid of Alzheimer's

15 July – St Swithun's Day Activity – 'Weathering the Storm!'



For further information contact Revd Kathy 07944 504330

## **A Welcome Cuppa!**

At Pentecost, 23 May, we launched our little 'hello' packs to say, 'we're thinking of you', that we are open again and we'd love to see them when they feel ready, or that they aren't forgotten about. Each pack includes a Greeting, a bookmark and a sachet of coffee or tea and a little sweet treat. During the last year or more, people have felt isolated, disconnected and apart and we have tried to keep those connections as best we can and now things are opening up once more, we are endeavouring to reach out even more to our extended family and let them know they are missed, we haven't forgotten them and we love them. To be even more effective, why not hand deliver it with a packet of biscuits/home-made bakery and enjoy that cuppa with them! If you have/know a neighbour/friend/member who hasn't yet received one but might like to then please do let Revd Kathy know ([kathsoutherton@hotmail.com](mailto:kathsoutherton@hotmail.com) or 07944504330)



## **June is busting out all over...**

So the song goes, and June sees warmer and longer days and is thought to be a month that sees a great deal of growth, things sown earlier in the year are just coming into their own, farmers are busy cutting silage, even in places where the weather plays ball, cutting hay but there is always more that can be done.



During the pandemic, more and more people turned to gardening to aid with their physical but also their mental and emotional well-being too, but it wasn't and isn't just us that benefits, the planet and our climate does too, because our planting and growing can reduce our carbon footprint, attract wildlife and more and no matter that time of year, we



can always plant something, from a tree or shrub, to herbs on the windowsill and everything in between. Some months ago, the TV programme, 'Countryfile' launched its 'Plant Britain' and whether you have participated already or not yet got around to it, I would urge you to just do it.



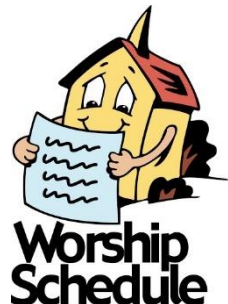
We have all seen the devastating effects climate change is having and continues to have locally and throughout the world. We have all heard and watched the news telling of whole species being eradicated never to be seen again and more beside, and each and every one of us has contributed to that, and must take on the responsibility for trying to slow all of that down and where possible reversing it. So in a month that is bursting with life, why not grow some of your own and plant something whatever it may be and make a difference. Church members who came to church in Christian Aid Week were given a small envelope of seeds, which I hope have been planted but that's not all. Go on plant something today, you know you want to.

### **Services for June**

At time of writing, theoretically all the restrictions will be lifted by 21 June, til they appear in black and white, I am not holding my breath as to the accuracy of that bold statement, some more things will be lifted but I am guessing that some things will still be in place but reduced, so we walk forward in faith and follow a path of hope.

**June 6 – 11am – 12 noon Private Prayer**

**June 13 – 9.30am & 11am Holy Communion in Trefonen & Morton respectively (book K Kimber or Janet Brown)**



**June 20 – 11am-12 Noon Private Prayer**

**June 27 – 9.30am Holy Communion (book K Kimber). Morton will have a shortened Evening Prayer which includes their Shaping for Mission Presentation at 3.30pm (book with Janet Brown)**

On alternate Sundays the churches will be open for private prayer. These may be subject to change and will be in accordance with current Covid Regulations. It is hoped once information is known re the easing further of lockdown restrictions things may change for our services going forward in the not too distant future.

### **Bryn Offa CE Primary School**

I thought it may be interesting this month to outline a brand new development for Bryn Offa, that I hope will be a great service to the children and parents in the school.

As many readers will know, sometimes children suffer from mental health problems that can arise for any number of different



reasons. This could be bereavements, anxiety, phobias or any number of different things that can sometimes mean that the children are not able to learn as well as their peers. There are support services available at the Local Authority, but the pressure on these services is high and the waiting lists long. It is for this reason that the Local Authority have introduced an additional layer of support for children and schools.

We now have a named mental health practitioner who will be working in school every Tuesday for the foreseeable future. As this programme started back in February last year it was not set up due to Covid-19, but the current situation has made it more important than ever to care for the mental health of children.



The higher level of mental health support provided by the Bee U Partnership will remain in place, but the new provision will cater for the lower-level



difficulties (even though these can affect children and families profoundly) that can develop into the higher-level problems if not addressed.

To give you an idea of the sort of thing we will now be able to provide support for through this programme I have provided some examples below of the sort of thing that is covered by this new programme:

- Behavioural difficulties
- Low Mood
- Worry Management
- Anxiety /Avoidance e.g simple phobias, separation anxiety
- Panic Management
- Assess self-harm and support alternative coping strategies to self-harm. Pupils with history of self-harm but not active
- Sleep Hygiene
- Thought Challenging- negative automatic thoughts
- Irritability as a symptom of depression
- Low Confidence, assertiveness or interpersonal challenges e.g with peers.
- Some short-term phobia exposure
- Insomnia
- Mild/Early onset Obsessive Compulsive Disorder



For many years now, the staff at Bryn Offa have provided a first class education to the children who come here, but now we can offer help in lots of areas that will help to make our children achieve our number one priority – happiness. A happy pupil, is a happy parent, is a happy teacher, is a happy school, and Bryn Offa is a happy school and we want it to stay that way. Til next time, stay safe.

Mr P Thompson

Headteacher

Bryn Offa CE Primary School

## **Where are we heading in the Oswestry Deanery (the local Anglican churches including YOURS)? What is our vision?**

Would you like to contribute to where the church goes in the future?

You are invited to a meeting open to all church members to explore these issues. The Meeting is in church:

**St Philip & St James, Morton** - Sunday June 27th 3.30pm

**PLEASE BOOK WITH JANET BROWN-01691 682270**

At each meeting, facilitated by Linda and Caroline, we will consider our church's response to "Shaping for Mission" - the Lichfield Diocese's project to review how we go forward sustainably in the future, placing 'mission' at the heart of what we do. (Some of you will have contributed to your church's response by completing the "Shaping for Mission" questionnaire).

We will also consider the Oswestry Deanery's response, and ask ourselves: 'what might God be leading us to do and be?'

The information you need for the meeting will be circulated to all who are on each church's email circulation list. If you are not on the circulation list but would like to attend (or contribute even if you can't attend), please let one of us know so we can provide you with the information.

The meetings will be held outside church weather permitting (otherwise inside), and will be in line with any Covid restrictions which apply at the time.

Rev Kathy Trimby - [kathpant@aol.com](mailto:kathpant@aol.com) and tel: 590025

Linda Gladman - [lindaigladman@btinternet.com](mailto:lindaigladman@btinternet.com) and tel: 671363

Caroline Stewart - [caroline@attic.aquiss.com](mailto:caroline@attic.aquiss.com) and tel: 831813

**This is YOUR opportunity to have your say in the future of Morton Church. You may wish to read the report written on our Church. Not by the Rector, or the PCC which will go forward to the Deanery and subsequently the Diocese. It has been sent out with the online copy of the Magazine if you would like a copy this can be arranged. Please contact the Churchwarden.**

## Eco Church

Well, that's it then, we have our silver award for being an Eco Church - job done! We've done our bit for the environment, move on to something else now! It's not quite that simple though, not whilst we are still driving around in our cars, using fossil fuels to heat and light our buildings, creating plastic mountains.... The list goes on.

God made us His stewards of creation in partnership with him and for Him. It's no accident that it is the 5<sup>th</sup> Mark of Mission for not just the Diocese but also the Church of England as well, so vitally important in our work for the Kingdom so what more can we do?



Last week, I attended a conference on the environment where tools we can use, consider and utilise were shared in the hope we might engage with some, on top of what we are already doing. Before you switch off, I ask that you just read to the end, and just think about it.

The Diocese splits up their commitment to the environment into various areas

- **Net Zero Carbon by 2030** – at the last General Synod of the Church of England, they committed to this target and the Diocese has committed to the same. So, what does that mean? Where do we start? Well, take what we have learnt during the pandemic, on line services, meetings on zoom, cutting down on heating/lighting in church and emissions from a car in one hit as it were! Might we consider changing one service a month to being on line and/or having our winter meetings via Zoom. There is of course the usual things like shifting energy supply to a more sustainable one and away from fossil fuels in church and your home. Cutting down on car use, maybe



organising car shares where possible. There are other things too but there are some possibilities we could think about

- **Ethical Investment** - thinking about where we invest our savings both personally and within the church, making sure those investments aren't in places that are gas guzzlers or committed to fossil fuels. In the case of the church, we have no surplus money to invest but we do hold a bank account and we need to consider who they have their investments and



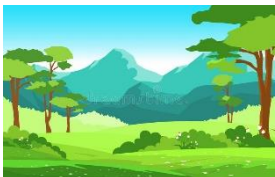
interests in eg some banks have better track records than others and as account holders we are entitled to ask questions of them, if we don't like their answer then we can move our account elsewhere!

- **Worship & Teaching** which links in with the mark of mission. We can use the church year to highlight matters pertaining to the environment and make the most of them eg Rogationtide, Creationtide and Harvest amongst others. We can develop our outdoor worship and become part of 'Forest Church' which isn't dissimilar to what we do on Sweeney Mountain on Easter day,



and make the most of the surroundings, not try to be an indoor church, outside, but utilise the environment around us to the fullest. We can get our church schools to engage in Blue Sky Worship as part of their worship curriculum

- **Land and Nature** which deals with biodiversity where we can consider our church yards and creating areas that are natural and encourage wildlife, like we are already doing but to a greater extent, and put signage up to let people know what we are doing and why. Perhaps we could engage in God's Good Acre, the Churchyard award scheme, and/or we can in partnership with the school, 'plant a tree for the Jubilee' and work on creating greater links with our farming community as they have much to contribute in our understanding and caring for the planet and understanding both the



environment and the climate. Also a pat on the back for us as we are only 1 in 4 Churches in the Diocese that have achieved a silver Eco

Church award so we must keep up with the changes we have made and adopted.

- **Community Action** we should raise awareness of what we are doing re the environment and also seek to know and connect to anything that may be happening locally by other people or organisations eg litter pick. We can make a point of supporting a local environmental charity. Last but by no means least, each county has an appointed environmental officer, we find out who they are and lobby them on commitments made in this respect but not yet realised etc



So potentially lots of things we could easily engage in and with and further our commitment to the care of and for the environment. We are open to any other ideas or suggestions. If you have a passion for any of the above and would like to be involved, then do contact Revd Kathy, we would be delighted to hear from you.

## **150 Club**

These are the results from the May 2021

### **150 Club Draw:**

1 <sup>st</sup> prize	No 83	Hugh Roberts, Morton.
2 <sup>nd</sup> prize	No 124	Mr E Beddows, Chirk.
3 <sup>rd</sup> prize	No 43	Mrs E Hughes, Morton.

### **The results for June 2021**

1 <sup>st</sup> prize	No 26	Mrs M Williams, Morda.
2 <sup>nd</sup> prize	No 35	Mrs K Tomley, Pant.
3 <sup>rd</sup> prize	No 91 J	Mr D Stott, Morton.

Subscriptions For 150 club are due by 1st July for those who pay cash. Please pay your regular collector please. A Big thank you to all those who pay by direct debt.

### *A Letter From Shelia.*

Due to not having had the best of health these last 12 months, I have decided that the time has come to pass on the running of the 150 Club to someone else. I would like to thank all the people who have helped me collect the money over the years, and the people who have supported it. I think it is over 27 years since the 150 Club started and I was there at the beginning, and hope it will continue in the same way going forward.

Douglas and Jane Wood have kindly agreed to take on the role, and I hope that people will continue to support them in the same way.

Many thanks.

Sheila Parry

I am sure we all thank Shelia for her work with the 150 Club over the years. Like many other jobs once you take them on, they become yours. Shelia as one of the few founder members left, she has quietly raised funds which have help the church in so many ways Thank you. We couldn't have done it without you!

A hard act to follow but Jane and Doug will do their very best. Time to take care of you now, so thank you for all the years and commitment, no mean feat!

## Quiz For June

Cryptic Questions on British Television Programmes:

1. Is it football, rugby, cricket or tennis?
2. Sounds like Dad is either lazy or out of work!
3. You usually do this at the January sales.
4. This kind of cold snap usually tells you Winter is on its way.
5. How Dad feels on Fathers Day!
6. A spectator who prefers not to be heard.
7. Ignore the late 70s group!
8. What the proprietor of the Guardian might say to increase business.
9. Something William might settle perhaps.
10. A crowning event down our way!

## Answerers to May Quiz

1. Mathias
2. He kisses Jesus
3. Jesus's entry into Jerusalem before his death
4. A Roman soldier
5. 14
6. Golgotha
7. Joseph of Amaranthus and Nicodemus
8. John the Evangelist
9. On the third day Easter Sunday
10. Mathew chapter 6

**Churchwardens  
(Key holders)**

Mrs E J Lawrence BEM  
St Mary's,  
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Oswestry SY10 9EX  
Tel: 01691 656805

Mr Roy Mansell  
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Crickheath  
Oswestry SY10 8BJ  
Tel: 01691 831006

**Treasurer to the PCC**

Mrs J Insall-Jones  
01691 239026

**Secretary to the PCC**

Mrs J Wood  
High Pastures,  
Sweeney Mountain,  
Oswestry SY10 9EY

**Gift Aid Secretary  
Electoral Roll Officer**

**Organist:** Mrs J. Brown. Woodcote, Knockin, Oswestry.  
Tel. 01691 682270

E J Lawrence  
Julie Craig

**Bryn Offa C of E Primary School:** Bryn Offa School, Rockwell Lane,  
Pant, Oswestry SY10 9QR  
Tel: 01691 830621

**Key holders:** Mrs G. Roberts, The Ferns, Morton.  
Tel. 01691 839590

***Please forward all items for inclusion in the magazine to:***

***Elizabeth Lawrence*** *St. Mary's, Sweeney Mountain, Oswestry SY10 9EX or Tel: 01691 656805.*

*In preference, electronically to [ejl873@aol.com](mailto:ejl873@aol.com)*

***By 15<sup>th</sup> of the previous month.***