

Border Group of Parishes

Llanyblodwel, Llanymynech, Morton & Trefonen



Rector: Currently vacant

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Helen will be in the office (in the church office in All Saints Trefonen) each Thursday, 9.30 - 2.30. Callers are welcome, but please phone first to let her know you're coming.

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<u>Note:</u> We warmly welcome all your contributions, but please be aware that on occasion these may need to be edited for length or to ensure relevance to our readership. I will always consult with the author if any substantive changes are needed, but in these cases please note that the editor's decision is final.

The magazine can also be read online and downloaded as a pdf file (in full colour) at either borderparishes.org.uk or trefonen.org

From the Editor

Welcome to autumn – the leaves are beginning to change colour as I write this, and by the time you read it some trees will be almost bare.

In this month's issue, to remind us that although our gardens are going to sleep for the winter, there is plenty we can do to prepare for next spring, Barry and Sue Evans bring us another in our series of Garden Renovated articles – this time detailing the stages of creating their beautiful cottage garden at Fron Ucha (p.44) – which you can see as you pass their house. A picture of it in all its glory appears in colour on the back cover, for those without access to the colour pdf online.

October's Thought for the Month, following on from Harvest celebrations being held at the end of September, is a reflection on our stewardship of God's beautiful creation (p.24) while Harriet Carty, the diocesan churchyard environment officer, writes about the fungi to be found in our churchyards at this time of year (p.31).

The Editor's Interview is with Hazel who runs the Trefonen Village Shop, one of the major hubs of Trefonen and the surrounding district (p.34). I think we often don't realise the number of services the Shop provides (I certainly didn't), and how much it needs our support. Other contributions, from the Community Speed Watch volunteers (p.12) and the P3 group (p.13), remind us how others in our villages serve us in a multitude of ways. Thank you, John Davies, for your Letter to the Editor on this subject (p.13). I'm sure there are many more unsung heroes in our community – please feel free to alert me to any other groups that we haven't highlighted and/or thanked in the last few months. They deserve our appreciation.

October is Black History month, when we try to focus on histories that are too often forgotten or submerged by the mainstream, particularly those involving the so-called 'ethnic' or non-white minorities. In one of the contributions from Lichfield Diocese in this month's issue Canon Debbie Parkes talks about celebrating difference (p.23). We continue our series on the Bible with St Mark's Gospel (p.25), the first Gospel to be written. If any of you have a favourite book in the Bible that you'd like to share with other readers for this series, please let me know. Your introduction doesn't have to be scholarly – just enthusiastic and informative!

I'm glad to say that we also have the usual contributions from Trefonen WI (p.8), Trefonen Garden Club (p.30), the Sofa Club (p.26), Bryn Offa school (p.16) and the Poetry Group (p.17), while Ann Hindley shares a humorous account of the Art and Crafty group's 'trip to the beach' (p.4), and Meanderer is 'On your doorstep' at the lime quarries in Llanymynech (p.38). A special thank you to all the regular contributors, who provide the main copy for our magazine and make the Editor's life so much easier! Keep these articles coming, please ...

Events this month include: regular meetings of the WI (p.9) and the Garden Club (p.30), Flicks in the Sticks' October offering *The Courier*, starring Benedict Cumberbatch (p.42); and a number of special events hosted by St Michael's Llanyblodwel (p.22), including the Macmillan Cancer bring and buy at Café Blodwel on 5th October. I will endeavour to provide reminders of all these in the weekly Facebook diary.

A reminder:

We often have details of events sent after we've gone to print. We do our best to post these on our Facebook page along with the weekly diary (a jpeg flyer is always useful for this, so that we can post that too), but if you want events publicised in the magazine itself, a reminder that you need to send them to trefonenparishmagazine@gmail.com by the 10th of the previous month, i.e. 10th October for the November issue.

Janey Fisher

Our Day out (not by Willy Russell!)

Trefonen Arty Group produced some lovely paintings of the seaside in September and as we stood and admired our handiwork, we came up with a zany idea to spend a morning at the beach (yes, in Trefonen Village Hall! So adaptable!!)

The scene was set and having discovered two of our members had birthdays that very week, it made perfect sense, especially as one lady was 90 years young and the other was 80!





Secret plans were hatched (just like MI5!)....

We arrived at the hall in good time for the bus, welcoming the birthday girls with a rendering of Happy Birthday and Bubble blowing. Then, complete with sun glasses, hats, swimming rings, deck chairs, rugs and all our beach paraphernalia, we loaded it all into the boot of the bus (it was an old one!)

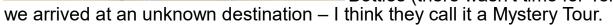






All strapped in with our Birthday girls in the front seat with the best view and those on the back seat warned to behave themselves, we set off in high spirits!

The tour guide (aka me!!!!) gave a brief history of Trefonen village as we travelled, remembering that the ground beneath us was coal mining territory once and there would not have been much green to be seen – just black. (Aren't we lucky?) There were calls of 'are we nearly there yet?!' So – just had enough time to sing Five Green Bottles (there wasn't time for Ten!) before



The beach gear was unpacked and we settled down to enjoy birthday cake, wine, coffee and tea! Too cold for ice cream sadly.

The morning was complete after a game of Boules on the sand (well, we used our imagination when it came to the sand). It's a very fast game when the ground is smooth!! Lots of ball chasing which gave us a whole new perspective of the game which the French would have scratched their heads at!



Unfortunately the coach left before we did (due to efficient group members tidying up the 'bus' arrangement of chairs prematurely) so we had to hitch hike home!

A great morning, enjoyed by all! Nothing like Adult Play Group.



And it didn't rain - much!

Our next trip is a sell out......



Halloween

Halloween is observed globally on October 31st and it is a popular celebration loved by people of all ages. It takes place on the day before All Saints' Day and is also known as Hallowe'en, All Hallows' Eve; All Saints' Eve, and Samhain (a Gaelic word pronounced "sow-win"). The meaning of the word "Halloween" is a contraction of All Hallows' Eve to mean 'hallowed evening'. Some think of it as a pagan festival, but the truth is somewhat different.



Its origins trace back to ancient Britain and Ireland, around the 5th century BCE, during the full moon closest to November 1st. This was when the Celts celebrated Samhain, the festival marking Summer's End and the Celtic New Year. As Christianity spread to Celtic lands, it began to merge with local traditions.



In the 7th century, Pope Boniface IV established May 13th as All Martyrs Day, a time to honour all martyrs. In the 8th century, Pope Gregory III shifted this observance to November 1st, broadening it to honour martyrs, saints and relics. This day became known as All Saints' Day, incorporating some customs of Samhain.

The day after, All Souls' Day, followed this celebration. All Saints' Day was also referred to as All-hallows or All-hallowmas, and the night before it - coinciding with Samhain - became known as All-Hallows Eve. Over time, this name evolved into Halloween, a term that became widely used by the 18th century.

The Christian church encouraged its followers to dress as spirits, angels, and devils, going from house to house to request small offerings, like food, in exchange for prayers for the souls of deceased relatives, a practice known as "going-a-souling". One common treat distributed during this time was the soul cake, a traditional cookie marked with a cross.

Lucyontheborder (name & address supplied)

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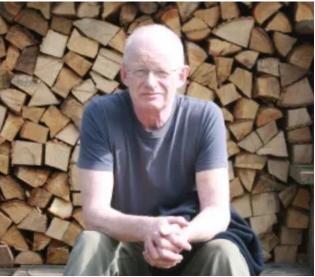
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Trefonen WI

Our speaker for the Open Evening in September was Nigel Baker whose talk was titled 'Attingham Park – the results of recent research work including specialist National Trust garden history input.'

He started by briefly explaining about the recent exciting discoveries of two Roman villas in the greater area of the park but that their location has been kept very secret because illegal detectorists were already trying to collect souvenirs on the site.





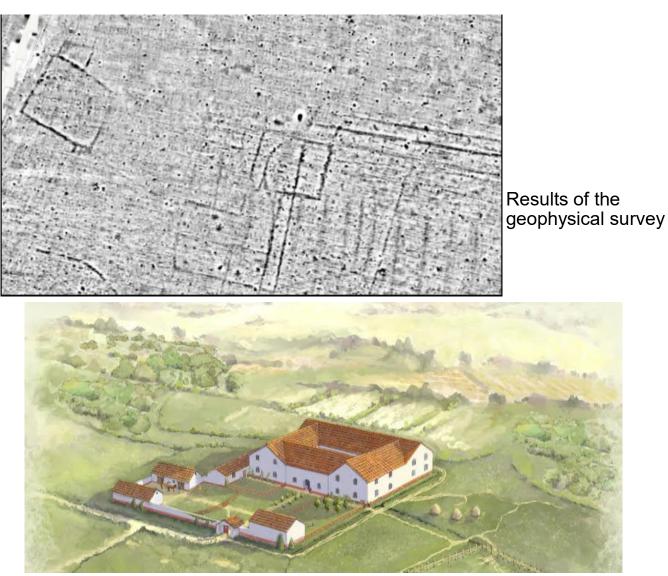
and skills of correctly understanding the value of 'finds', he described canoeing up the River Tern and spotting an interesting rock. After careful research and input from National Trust (NT) specialists this turned out to be masonry from the 1538 repairs of the old Tern Bridge which itself had been constructed using ecclesiastical masonry from a ruined church many miles away.

Then he took us to 2018 and an 'interesting looking hole' in an area of woodland near the beautiful walled garden in the NT's famous Attingham Park, where around 1720 the second Lord Berwick and his young bride Sophia enjoyed their time spending all his fortune developing their property.

Nigel's task was to train NT volunteers in archaeology in the hope that something might crop up. Despite interruption from Covid and limited access to a digger or even wheelbarrows, Nigel and his team, with help from specialists and community groups, very gradually revealed evidence of much more in the area, including a summer house with marble fireplaces and painted glass windows, a pool and a heated greenhouse. These were brick properties coated in a stone façade like the Hall and proved to be an excellent training site because the volunteers all had a chance of several finds including graffiti from Thomas Trueman, gilded buttons, musket flints and pipes.



Carrying out the geophysical survey



Above: Artist's impression of the Roman villa Below: Excavations



Nigel is a really engaging speaker and K thanked him very much for opening our eyes to the intricacies of this work. we all hope to hear from him again.

In October we're looking forward to a musical evening and inviting our friends from Maesbury and Pant WIs. For more details about our busy and friendly group, please contact Victoria 07773 364992 v.gemmell@hotmail.co.uk



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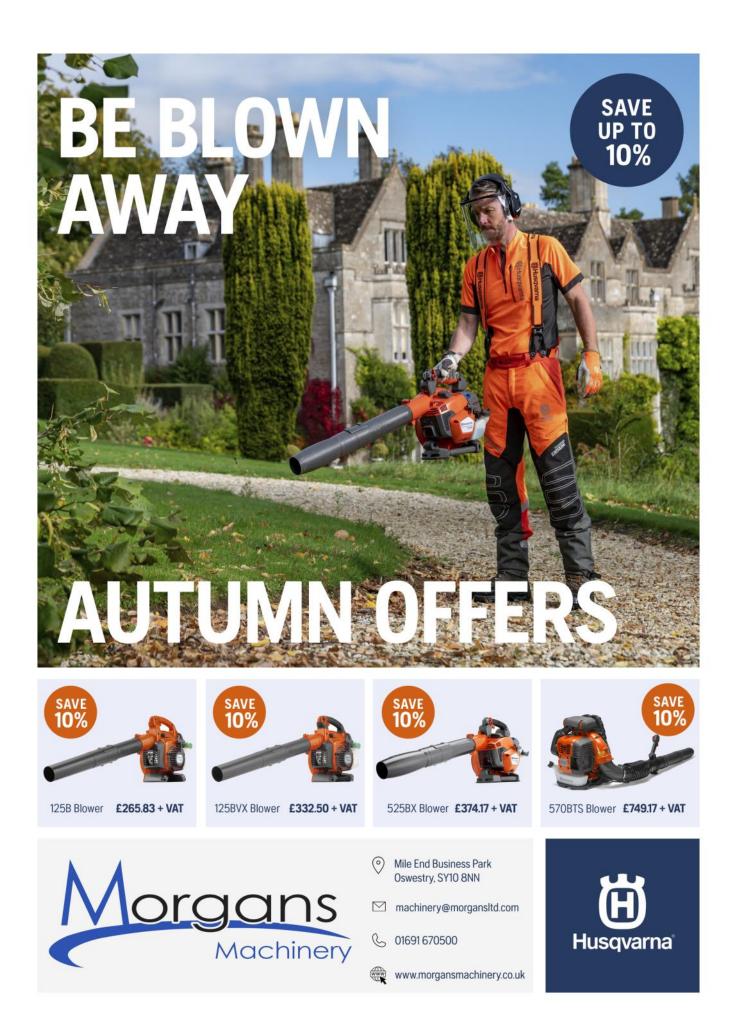
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Community Speed Watch update

Community Speed Warch (CSW) continues with our intrepid band of (unpaid) volunteers!

We do have a mixture of comments and hand gestures (I won't elaborate!) from passing motorists, concerning our presence and reason for this, but by far the majority are positive. Most people realise that we have no interest in encouraging the police to allocate a speeding fine, although this is possible, but we hope that more and more of us will drive responsibly through our villages.

As some of us might know, Yareal have made a further application to increase the size of their farm and activity at Coed Y Go & this will inevitably lead to increased traffic with possibly, more large vehicles, on our access roads and lanes, should Planning Permission be given.



Please do make sure you examine their application on the Shropshire Council Planning website and if you have views, make sure you convey them in plenty of time.

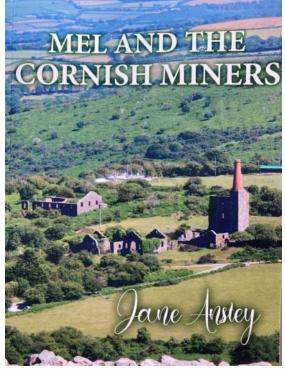
We all hope and appreciate development and the possible, consequent employment opportunities of such an application, as long as this is carried out in tandem with the well being of local residents.

John Davies CSW Coordinator, Trefonen/Treflach

Advertisement:

Eleven-year-old Mel lives in a Victorian townhouse in a big city, where sometimes she seems to see the ghosts of those who lived there long ago. She dreams of owning her own pony, and when her brother Maxi's asthma worsens, Mel's parents take him to live in Cornwall for three months. Mel finds her dream pony, Pixie, who leads her on an adventure through time to an era when the bleak wastes of Bodmin Moor were dotted with engine houses, whyms and stamps, and new villages were springing up to house those who worked the mines. But what happened to Pixie's first owner, who went away and no longer rides her?

This story is not only an exciting tale for pre-teen girls who love ponies but a dip into history, as Mel and her pony Pixie time-travel back to Cornwall in the 1870s, when children worked in the mines, and went on strike for more pay.



Mel and the Cornish Miners, Jane Anstey's only children's novel so far is the first of a projected series about Mel and her time-travelling pony.



Neil, Harvey, Rob and Jon take a moment to relax after digging the holes to replace a rotten stile.

All your hard work on the footpaths and stiles is much appreciated. – Ed.

Letter to the Editor

Dear "Ed",

May I, thro' your excellent publication, express thanks to The local Trefonen/ Treflach Parish Paths Partnership Group (P3) and Tuesday Night Club, for their extensive work on our behalf.

P3 meet on the first Friday of each month and maintain the paths, lanes, gates, stiles etc., around the villages. Additional volunteers via leader Artie Edmonds, always welcome.



The Tuesday Night Club similarly meet every week and do an enormous amount of maintenance work around the Trefonen playing fields.

Both groups deserve our thanks!

John Davies



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The Community Café Trefonen Village Hall Tuesday mornings, 9.45am - 11.30am A place to meet with friends and enjoy a cup of tea or freshly brewed coffee and homemade cakes. If you have never been before or are new to the area we would love to see you.

Café Rota:

<u>Date</u>	Set up 9.30, open 10.00	10.00 - 11.30	Close	Cakes
1st Oct	Jeremy, Nyria, Gail	Jeremy, Nyria, Gail	Jeremy	Nyria, Gail
8th Oct	Peter, Rosmarie	Rosmarie, Val, Dawn	Val	Rosmarie, Dawn
15th Oct	Malcolm, Chris, Helen	Malcolm, Chris, Helen	Malcolm	Chris
22nd Oct	John, Diane, Marilyn	John, Diane, Marilyn	John	Diane
29th Oct	Jeremy, Nyria, Michelle	Jeremy, Nyria, Michelle	Jeremy	Nyria, Michelle

Foot Health Clinic: No clinic in October; Lorraine will be here again in November. Contact her on 07714 244359 to make an appointment.





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Poetry Group

We met on 10th September and discussed poems and lyrics by the following: Paavo Haavikko, Norman McGaig, Cheryl Love, Laurie Lee, Alan and Marilyn Bergman, Percy Pysshe Shelley, Seamus Heaney, Katri Vala, Robert Louis Stevenson, R.S. Thomas, Matraca Berg and Philip Larkin. A wide range!

We chose Katri Vala's 'The Earth', translated by Keith Bosley, to share with you.

Our next meeting will be on Tuesday 8th October at 2.30pm. For more information please contact Eiluned Parry (eprobinshill@gmail.com).

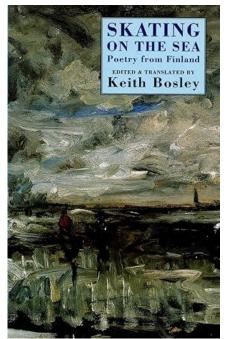
The Earth

A fair angel of God set out from his white heaven, stepped on the delicate point of the moon's sickle and from there looked on the Earth, That glittering ball as it hurtled on its way. Here fields bloomed and trees were green, there fruits ripened and leaves turned yellow and silent snowflakes covered the tracks of life.

And amid all that, Being born, growing, blossoming and dying was man who wept, laughed, hated and loved. And there was more weeping than laughter and more hatred than love.

But the Earth radiated a wondrous beauty. From unseen flowers of the great virgin forests a quivering fragrance rose from whose midst the works of unnoticed love ascended as everlasting royal lilies, and weeping tinkled more beautifully than laughter.

And the angel yearned to leave his lofty spaces, yearned to be a weeping, laughing, blooming, dying speck of Earth's dust.



Katri Vala From *Skating on the Sea: Poetry from Finland,* edited and translated by Keith Bosley

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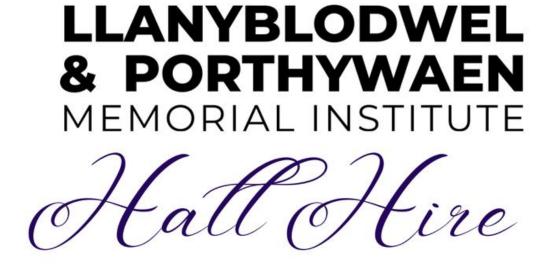


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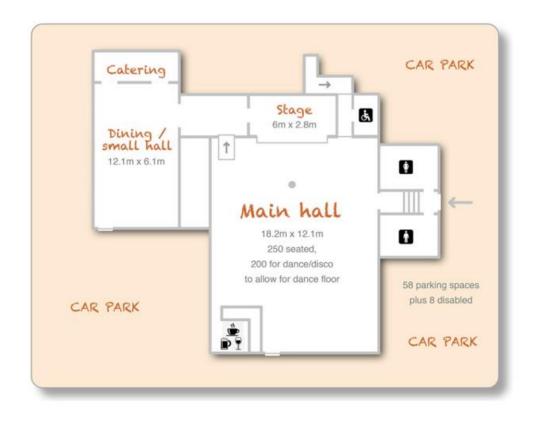
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Vol 34, No.8 October 2024

News from St Michael's Llanyblodwel

On the first Friday of every month a social evening is held in the Church. On 6th September there was a talk from a member of the RSBP about Swifts. It was very interesting, well presented and also well attended. We are hoping to carry on with these evenings through the autumn. The organiser was on holiday when the magazine went to press, so no information is available as of yet on what the next talk will be, but watch out for posters and the weekly post on the magazine Facebook page.

Late September reminders (for those reading the magazine early!):

Our Harvest supper will be on Friday 27th September at the village hall at 7.30pm. Tickets are available from Gwyneth Wigley on 01691 828285 or Eirlys Williams on 01691 659906, priced at £12; children under 12 are free.

The Harvest Service will be on Sunday 29th September at 11.00am, which is also our annual Gift Day Service for the upkeep of the church. There will be a bottle at the back of the church for this purpose, for any donations. Thank you in advance from Llanyblodwel PCC.

October events:

Café Blodwel: Wednesday 2nd October, 10.30am–12.30pm. This month all money raised at the café will be for Macmillan Cancer support. There will be a bring and buy and also a raffle (any donations will be appreciated). Come and join us to help us raise money for this very worthy cause!

Spring Clean: we are having a annual spring clean in the church and grounds on Saturday 5th October at 10.00am – any help will be very much appreciated.

Benefice service: On the last Sunday in October (27th) at 11.00am there will be a Benefice service with communion at St Michael's taken by the acting Archdeacon. Please come and join us for this special service.

Looking ahead:

We have no special fund-raisers for November, but we will be having a Christmas Fair on 7th December, and a Carol Service on the 22nd December at 6.30pm. We will also be having a Toy Service. More information on these events in November's issue.

Eirlys Williams



22



Bryn Offa CE Primary: A Joyful Return to Learning

It has been an absolute joy to welcome the children back to Bryn Offa, and as the new headteacher, I feel a great sense of pride and excitement in becoming a part of this wonderful community. The classrooms are once again filled with the sounds of chatter and laughter, and it is heartwarming to see the children eager to learn, grow, and reconnect with their friends.



This term, in addition to beginning their new topics, the children are exploring our Christian value of 'friendship'. Over the coming weeks, they will be learning about the ways in which Jesus showed friendship during his life and reflecting on how they can follow his example in their own lives. This is a wonderful opportunity for the children to think about the importance of kindness, understanding and support in their relationships both in and out of school.

It is a privilege to witness the children's enthusiasm and the strong sense of community that thrives here at Bryn Offa. I look forward to seeing how they continue to grow and learn in the months ahead, not only academically but also in the values that shape who they are as individuals.

Mrs Keleher

Black History Month

One of the most frequent questions I am asked is why we need a Black History Month – what does it mean for the church and our lives today?

I think it is easier to answer that question this year more than any as we have all seen the violence, intimidation, rioting and division that took place across our country a couple of months ago. We as a Church can become complacent in our thinking that race doesn't matter, and we are all the same in God's eyes so why the special treatment? We can within our church bubbles think of ourselves as caring and responsible; places of peace and flourishing for all. The events of the last months showed us how slender that thread of respectful relationships can be. We need to be aware of the narrative from media and social media which paints a picture of division and hate, and Christians are not immune to that negativity and hate.

I believe that Black History Month gives us all time to reflect on differences within our space and to celebrate that difference. Intercultural mission involves reaching out to all nations and integrating into one worshipping community as they love and serve Jesus and each other. Black History Month encourages people to learn more about Britain's colonial history, which is often not taught in school. It gives us space to understand ourselves and our own biases. 'Knowledge is power' in terms of the church and enables us to be better stewards of the privilege and blessings that are enjoyed by a proportion of the church.

So, what can I do in my parish in leafy Shropshire, or urban Wolverhampton? You can invest your time to understand the experience of black Christians in the Church of England, you can become part of an ever-growing solution building on knowledge and understanding, you can advocate for racial justice and become a champion. God's great commission to all nations requires us to truly know our neighbour as ourselves.

I would recommend the following activities: -

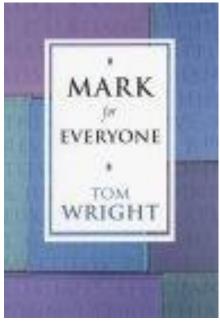
- Join the Anglican Network for Intercultural churches which exists to enhance understanding of effecting intercultural mission (https://anic.org.uk/).
- Attend 'Unconscious bias' training, on 20th November 2024 at St John's Essington, 27th March 2025 at Doxey, Stafford, or 5th June 2025 at Reeves Room, Lichfield do book via www.lichfield.anglican.org/calendar/.
- Attend the Selwyn Lecture, in Lichfield Cathedral on 28 November 2024 at 9.30am; there will be a booking facility on the diocesan website closer to the date.



Canon Debbie Parkes Co-convenor of Lichfield Diocese's Racial Justice and Inclusion Task Group (*www.lichfield.anglican.org/racial-justice/*) and a lay canon of Lichfield Cathedral

Introduction to the Bible: Mark's Gospel

The Gospel according to St Mark was almost certainly the first of the four gospels to be written. Some scholars date it as early as the 40s CE, less than 20 years after the Crucifixion of Jesus. Others place it in the 60s. It was therefore written while eye witnesses to the events of Jesus's life were still alive and active in the early Christian Church. It is short, sharp and to the point. There are no tales of Jesus's infancy, no Christmas story. The Gospel begins with John the Baptist's ministry and it ends with the resurrection of Jesus (the end we have is almost certainly an addition; the oldest manuscripts stop at verse 8, but this may well be because the original final page or column of the scroll was torn off by accident and verses 9–16 have been added by a later copyist to complete the story).



St Mark's Gospel was chosen by the Lichfield diocese last autumn for the reading that many churches took part in (our benefice included), where different members of our congregations read a chapter each of the gospel in one continuous whole, taking about two hours. It was an extraordinary experience to listen to the whole gospel in one afternoon, and I at least came away realising what a coherent and compelling narrative it is.

If you want a quick read that will give you the basics of the story of Jesus and its meaning, I thoroughly recommend it. If possible, read it in a modern translation. I'm using Tom Wright's excellent 21st century translation. The very first verse says: 'This is where the good news starts – the good news of Jesus the Messiah, God's Son' (Mark 1:1).

Jane Anstey

Prayer Points for the Community

- For all those worried about being able to heat their homes this winter or being able to afford the basic essentials.
- For the government in their decisions to cut costs.
- For those known to us suffering long term and degenerative illnesses and all those who care for them.



From the Registers

Baptism:	All Saints Trefonen	14th July	Lexie Ayla Fiona Ellis
Funerals:	All Saints Trefonen	23rd July 1st August (service at Emst	Dennis Malcolm Johnson Peter Charles Williams, rey Crematorium, Shrewsbury)

Thought for the month: A Reflection

While weeding recently I picked up a little green acorn in a flower bed. If I were to give this to a child, I wondered, and asked it to draw what this acorn would be when it grew up, what would he or she draw? Would it be our oak tree, over 400 years old? We know some in the village played in its branches as children. For our squirrels, it is home, a larder and a place of fun. Birds nest in it and seek shelter from the sparrow hawk. We're not sure who lives at the base of the trunk, Mr Badger perhaps? We watch it sprout bright green leaves in spring, give shade in summer, turn glorious colours in autumn, and fascinate with the tracery of its branches in winter. We are fortunate to have it in our care.



This is the time of year, as we look around and celebrate harvest, that our thoughts turn to the wonders of Creation.

The earth is the Lord's and all that in there is (Psalm 24, verse 1). At our harvest celebrations we give thanks for all we have received. We are lucky and privileged to live in a part of the world, where extremes of temperature with their droughts and floods – and despots' greed and violence – have not threatened our ability to put sufficient food on the table to sustain us. And we remember all those whose labour enables this. We think of the farmers, those who fish, those who in so many ways prepare the produce for our consumption, those who transport it, the shopkeepers and Food Bank volunteers. And let us not forget the policy makers and legislators, who have the responsibility to take decisions affecting the production and distribution of food.

And what about us? Do we not now spend more time looking at labels, thinking about where our food has come from, considering the distance it has travelled and air miles, and the frightening economics of commodities such as meat, wheat, soy beans, oats and rice, listed in August 2024 as good investments? So many issues, including the one which should tax us daily: how are we managing our impact on the climate? This is a hugely challenging pre-occupation, particularly for our young people.



However, God has given us many gifts. That includes our brains and understanding to work out solutions to current challenges. There certainly are positive ways forward. We have the ability to communicate, in many ways, and can use that to share ideas and information, and to reach agreement about what we should be doing. We are the inheritors of Creation, and we have the responsibility for its safeguarding. Do we not need to get on with the job?

> K Kimber Benefice Lay Worship Leader

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Sofa Club

Last month I said that for the next year or so we would be following in the path of someone living with dementia. I thought for the next few months we would look at the senses as I know some churches have decided to make your churches more dementia friendly. I hope you may pick up little tips to help you.



Looking at Vision: "It's not our eyes that are the problem, it's the way the brain interprets the messages received from them."

Standing at the top of a staircase the steps and the surrounding area are covered in the same carpeting or surface. Each individual step becomes all the same. Is it an escalator or even a children's slide? Is it going to move when I step on it? I am unsure where to put my feet, then I may fall. The best of all are steps outside which are clearly defined, often with coloured tape marking the edges. Yellow is the best.

Patterned carpets are completely disorientating because all the shapes just seem to come alive, the floor is moving around, it will be moving when I try to walk on it. Sometimes the patterns turn into little wriggly creatures. This can make people living with dementia have a wobbly gait: they will tend to look at the floor to make sure they don't tumble. Shiny marble floors look like a swimming pool and we all know we can't walk across water! Black is the worst colour of all. A black door mat looks like a great hole and I will fall in. People dressed in black it can look like just a head floating in mid-air, which is very frightening.

To help look at your churches and perhaps make them more dementia friendly, take a photograph in black and white. If the contrast between the shades of black, white and grey is obvious then it should be OK. Introduce something of colour. the best shades are black writing on a yellow background this works well, or NHS blue on a white background is clear. If you are caring for someone suggest to them some bright colours – this may just make life so much easier. Please remember not everyone is the same, just as we are all individuals so are people living with dementia.



If you have anything you may wish to share to help others who are on this journey or would like to know more, please contact Lizzie (Churchwarden Morton) 07713 083002.

Our Sofa Club meetings in October are 3rd and 17th, 2.30–4.00pm, at Llanymynech Church Hall.

Lizzie Lawrence



Prayer Chain

If you would like prayer for an immediate need, e.g. an emergency situation, you can ring any one of the people below. Your message will be passed to each person in the chain (who is available at the time) and we will pray for your need in complete confidence.

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Chris Kirk	688595	Jill & Joan	656456
Linda Gladman	671363	Rita Mathias	657934





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Fall, leaves, fall; die, flowers, away; Lengthen night and shorten day: Every leaf speaks bliss to me Fluttering from the autumn tree.

Emily Bronte

In September's magazine there seemed to be a general consensus about the weather and we were probably hoping for a better September, although even that isn't looking like giving us the Indian summer we were hoping for. This is meant to be the gardening page, but we gardeners know that weather plays a significant part in how our gardens fare. Taking stock of this year's growing season, yes some plants have done well, others not so. As many of us like to grow our own fruit and vegetables, looking forward with anticipation to picking and harvesting the crops, it can be disappointing when all the work put into growing them does not produce the results one would have wished for. There are of course still the autumn/winter crops to come.



Looking back, 2023 seemed to be a good one for butterflies and hoverflies especially in my garden, although there were many fewer about this year; that may be in part down to the weather but also there can be quite a fluctuation between years. Bees on the other hand seemed to be just as prolific and busy.



Late flowering perennials can still be holding onto the last of their blooms and many provide seed heads that often last through the winter. Many other spent flower stems can also be left adding further interest to the garden, as well as providing food for the birds and a place for over-wintering insects.

Looking forward now is the time to plant pots and containers with bulbs and winter/ spring flowering plants. Taking stock – are there areas of the garden that need overhauling or re-designing, that have become overgrown or in need of a change? Perhaps some difficult decisions need to be made about what plants to keep or not. If digging up plants, these could be potted on in readiness for the Garden Club's annual plant sale next year, rather than just putting them on the compost or in the garden waste bin.

Our October meeting sees the return of Richard Cave, the Technical Sales Manager from Melcourts on a follow up on peat free gardening. To find out more visit <u>www.trefonengardenclub.org.uk</u>

Chris Kirk

Wonderful Waxcaps

By October, the areas of long, meadow grass within a churchyard or cemetery will have been mown short and raked, making it is easy to wander around and look for colourful fungi. Old grasslands, like those found in burial grounds, have a fabulously complex web of life beneath the sward, of which fungi are a key part. These grassland fungi, which are different species from those found growing on trees or on deadwood on the ground, are 'indicator species' showing an observer that this grassland is precious, has not been ploughed, fertilised or treated with chemicals for a long time (if ever).

The *mycelium* of the fungi is the part below ground, this consists of thread-like '*hyphae*' which may be connected to a range of grasses, mosses, trees and flowering plants. After rain, and often in the autumn, the mycelium pushes up the fungal equivalent of a fruit above the ground where we can see it. Fungi are largely made of water and so can appear quickly, pumped up by hydrostatic power. The purpose of this is to spread the species far and wide, with a single mushroom able to contain vast numbers of microscopic spores. In the grassland the fungi you find might be waxcaps and pinkgills both of which are shaped like a small mushroom, or spindles and earth tongues, both of which are long and thin. Many fungi are long-lived and may not fruit every year, some only fruiting once in a decade so are rarely seen. They continue to grow and spread beneath the ground however.

Grassland fungi have long captured our imaginations as their names indicate. Look for scarlet, parrot, snowy, butter and ballerina waxcaps. How about skinny club, crested coral, golden spindles or hairy earthtongue.

Although shiny and brightly coloured, these grassland fungi can be difficult to identify as they can change colour with time. Some of the colours are water soluble so fade or change quickly, particularly if it rains. They are however delightful to look at, and even if you don't know which waxcap or spindle you are looking at, the presence of these grassland fungi is relevant and worth recording. If you take a photo of the top, side and ideally the underside showing the gills where the spores are found, it may be possible for someone to identify it, particularly if you use the iNaturalist app on a smartphone or tablet.

Grassland fungi need our help so please look after them. Always rake off the cuttings after mowing, strimming or scything grassland, whether it is long or short grass. This helps to keep the soil fertility low which the fungi need, as do the wildflowers. Avoid any chemicals and keep grasslands managed with regular cutting so that they don't turn coarse and rough. You may be rewarded with a scattering of colourful fungi looking like jewels across the sward. As well as looking pretty and adding to the richness of biodiversity they, and the other plants, lichens, invertebrates and microbes are all storing carbon in our soils, one of the many natural solutions to climate change.

Visit <u>www.caringforgodsacre.org.uk</u> – individuals and groups in the diocese receive 20% members' discount on all CfGA materials. Use the discount code **diomem22**

Harriet Carty, Diocesan Churchyard Environmental Advisor, harriet@cfga.org.uk



Left: Smokey spindles in a churchyard

Right: Crimson waxcap



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Editor's Interview: Hazel from Trefonen shop

The Village Shop and Post Office in Trefonen is vitally important to our local community. The Editor spoke to Hazel about what they offer, and what they need from us.

Ed: I think all our readers would agree with me that we value the Village Shop and Post Office enormously. So I'll start by saying thank you to you and your team for all your efforts.

Hazel: And I'm very grateful to everyone who supports us in return.

Ed.: How did you come to start running the Village Shop?

Hazel: About ten years ago I was walking through the village one Hill Walk weekend, and it was hot – I was desperate for an ice cream, but the shop was shut. So when I was left a small legacy I decided to take on the lease, as I felt the shop was needed.

Ed.: That is a wonderful story. And although I wasn't in Trefonen then, I have been told the shop was a big help to everyone during the early days of the pandemic. Now, I'd like to talk to you about the services you offer currently – I've read the leaflet you produced recently and was amazed at how extensive these are. First of all, you stock quite a range of food and household goods, don't you? And some lovely local products.

Hazel: That's right. As well as vegetables, fruit, milk and dairy products delivered fresh three times a week, newspapers, frozen meals, and household and grocery basics from the Cash and Carry, we stock a lot of local products, including Smiths bread, ham, pasties, sausages, bacon, honey. We also sell alcoholic beverages, tobacco products, logs and kindling, and a range of cards and stationery. We take orders for bread, vegetables and sausages so that you can ensure you get them fresh. If at all possible, we will get things for you specially – you just have to ask us. We're currently offering 10% off fruit and vegetables that we order in specially, because it saves wastage.

Ed.: The Post Office is important to lots of us. How does that fit in with the Shop?

Hazel: The Post Office is always busy, but it's more than just a way of posting parcels. Most of our staff are trained to operate the Post Office, so there is always someone available during Post Office opening hours (which are the same as the shop opening hours) to give advice about sending items. You can also arrange to have parcels delivered to the Post Office for you to collect – which is more secure than having them left on the doorstep! But you can also use the Post Office as a local bank, paying in and drawing out money, or buying Euros (you can order other currencies if you need to). You can pay household bills, council tax, pre-payment gas and electricity keys and cards, or get a top-up for your mobile phone. We also sell gift cards of various kinds.

Ed.: That's very impressive, I must say. How much of your total profits comes from the Post Office business?

Hazel: Virtually nothing. The Post Office doesn't pay sufficient commission even to pay the wages of our Post Office staff, so the service we provide relies on the profits from the shop.

Ed.: So the Post Office couldn't survive on its own.

Hazel: No, it's part of our contract with the Post Office that the Shop has to be viable, and that when the Shop is open there must always be someone available who is trained to operate the Post Office services.

Ed.: You also provide wider services for the community, don't you?

Hazel: You can buy goods in the Shop for the Food Bank – we are a collection point. Some people donate money and leave it to us to use it for Food Bank goods, which we are very happy to do. And if any of our regular customers is unable to get to the Shop because of illness or other calamity, we will deliver.

Ed.: I find all the notices you put up in the window for local events very useful. In fact, that's how some of them get in the magazine, or on our Facebook page, even when organisers haven't contacted us directly.



Hazel: We sell tickets for some local events, too. During the Hill Walk Weekend, we have a big jar for donations near the till. And of course people can advertise local services as well, in our glass display noticeboard outside the shop.

Ed.: I've seen hikers sitting at the tables outside the shop with hot coffee and sandwiches. I'll bet that's very welcome after a long morning on the Offa's Dyke footbath or the Shropshire Way.

Hazel: Yes, we do serve quite a few walkers, especially during the Hill Walk Weekend. And we act as a tourist information point. But local people can buy a cup of tea or coffee, as well, and there's also the opportunity to sit at the table at the back of the shop and have a chat with a friend, or browse the bookshelves of the Book Swap library while you drink.

Ed.: So how can members of the local community support you? I'm sure that having read this interview, many of us will want to do more to make sure you stay open! From what you've told me, it's clear that without ongoing local support, the Shop will not be there when we need it. And of course it's much 'greener' to shop locally rather than using fuel to drive into Oswestry for everyday purchases.

Hazel: As well as buying a few items from the Shop every week, ordering a newspaper regularly, and using the Post Office, we would really appreciate some help with Cash & Carry runs or volunteers to serve in the Shop (not the Post Office) for a couple of hours in the afternoon. Owing to staff shortages and sickness, we had to close during the lunch hour in September, but this will change from 23rd September, when we will once again be open from 8.00am to 6.00pm Monday to Friday, and the normal shorter hours on Saturday and Sunday mornings. However, we will very much welcome some volunteer help from the end of October for a couple of months, to cover the busy Christmas period when queues for the Post Office build up and we really need a second person behind the counter to serve Shop customers. We will be putting up a notice in the Shop window to give more details and invite people to consider giving us some help.

Ed.: I do hope some of our readers will get in touch with you or Ruth about this. It sounds absolutely vital.

Hazel: We're also always keen to hear new ideas about what people might need, or would like to see at the Shop. For example, if you make craft items and are looking for an outlet, we would love to hear from you.

Ed.: I can see the Shop and Post Office act as a really vital local community hub. It's been good to talk to you about what you're doing, and the Editors wish you really well.



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On your doorstep

Here's a conundrum for you: the clock dial on the north face of the tower of St Agatha's church (Llanymynech) seems to be disproportionately large. Why is it so big?

At the risk of disappointing you, this article is not about church clocks. (Though that might be an interesting subject for the future especially if there's any mention of bells that strike the quarters and hours!) The clock was made and given by Richard Roberts at the time that the church was built (1843–45). He was a local man who became an internationally famous engineer and inventor, and he stipulated that the extra-large face should be visible from the limestone quarries above the village for the benefit of the workers.





Limestone has a number of commercial uses, but the principal interest here was the burning of the quarried rock to produce 'quicklime' which, when spread on acid soils, enabled much higher agricultural crop yields. The work on this site was carried out on behalf of the Welsh Powys and Chirk estates and the English Bradford estate. Bringing coal onto the site and transporting processed lime away from it was the primary reason for the construction of the Montgomery canal. You'll find 'Garden Lime' on sale at any garden centre today.

Quarrying ceased here shortly before the First World War, but the whole area has now been made accessible to visitors. It is a nationally significant industrial heritage site, having one of

only three remaining Hoffmann kilns in the country - the only one to retain its chimney. It is not known when the industry started here, but it may date back to medieval times. The first recorded reference to the site is on a map from 1753.

There's a plethora of short or longer walks with routes taking you past lime kilns, through woodland and alongside the canal and old railways. Many of the paths are laid with gravel, making access easy. Information panels explaining the former industrial activities are dotted around everywhere.



In the 1860s Thomas Savin – a local business developer – tried using four times the usual quantity of explosive in **ONE ENORMOUS BLAST** to extract a month's worth of stone in one day. But the money he saved was spent on roof repairs for angry local householders!



Above: Recognise this name?

Left: Tunnels under the A483 leading to the old inclined planes

Below: The view from the top



If you can manage it, you're highly recommended to walk up the old Welsh inclined plane to reach the Border View Point. This path is fairly steep, irregular underfoot, and can be muddy – walking boots are best. I'd seen a picture of this panoramic interpretation board on the 'Visit Oswestry' website in the past, but only recently discovered it for myself.

Getting there couldn't be easier – as you enter the village on the A483, there's a dedicated car park on your left just a few yards past the start of the 20mph speed limit.

Meanderer



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Trefonen Garden Club Monthly Meeting 7:30 p.m. Thursday 17th October at Trefonen Village Hall SY10 9DY

Trefonen Garden Club welcomes back Richard Cave with a timely follow-up to his earlier talk in April last year on a Future without Peat. This was one of our best attended talks and recent developments will be of great interest to all gardeners large and small.

Richard is the Technical Sales Manager at the alternative Compost firm Melcourt, based in Tetbury.



Everybody welcome at the Trefonen Garden Club, bring your friends and neighbours!

See our website: <u>www.trefonengardenclub.org.uk</u> Email: <u>trefonengardenclub@gmail.com</u> or call 01691 583 012

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Flicks in the Sticks

This month's film is *The Courier* (2021). The Arts Alive website has this to say about it:



'Benedict Cumberbatch is back with another formidable performance in this Cold War espionage drama. The film follows the true story of Greville Wynne, an unassuming British businessman recruited by the Secret Intelligence Service to deliver messages in the 1960s. Wynne develops a dangerous partnership with Oleg Penkovsky (Merab Nibidze), with the pair coming together to provide important intelligence to prevent nuclear intervention during the Cuban Missile Crisis. The Courier is an exciting thriller that will keep you guessing throughout.'



If you want to watch the trailer, visit the Arts Alive website at https:// www.artsalive.co.uk/films/film/?id=15747

Date: Saturday 19th October *Time:* 7.30pm (doors open 7pm)

- Venue: Trefonen Village Hall
- (I shall definitely be there Ed.)

Footnote to on your doorstep

The article on p.40 began by looking at the clock dial on the north side of the tower. I thought you might be interested to know that there's a similar one on the south side. See photo - this was the best view I found of it!





Garden Renovations: Cottage Garden at Fron Ucha, Trefonen

You may recall from a previous article in this series that one of our first projects at Fron Ucha, when we arrived in Autumn 2021, was to have some overgrown conifers felled & shredded and to remove most of a lawn with a hired turf-cutter. This was so that we had a blank canvas to create a 'cottage-style' garden.

We measured up and put our vision on paper. There are a few basic principles to consider when redesigning a space. This is how we applied them to our project, but anyone could do the same on a larger or smaller scale:

What is already there that you would like to work into the new design?

There was a watercourse of pond-liner, gravel and slate running down the slope at the back of the area, with small ponds at the top and bottom. The watercourse leaked but we liked the ponds, having seen dragonflies and frogspawn already. So, Barry modified the top pond and made a small header pool for the bottom pond to make a small recirculating waterfall.

There was also a mature Silver Birch tree, a few shrubs and an old but characterful apple tree that was ideal for hanging bird feeders from, so that they could be seen from the house. We gave the apple tree a major thinning to open up the centre and let light & air back in; two years on we've pressed 15 litres of lovely apple juice from it!

What has to go?

Well, the overgrown conifers, obviously! Blocking light and starving the surrounding soil. And the turf, except for a circular lawn and a couple of snaking paths through the new 'garden room'. After turf removal, Barry rotavated the future flower beds, removing endless small stones and tree roots. The stones were also recycled as a sub-base for new steps.

How will this new area link to the rest of the garden and to the house?

Our dining room looks out onto the new area through a pair of French Doors. It's the shape of the lawn that matters, not the flowerbeds themselves. Hence the centre line of the small circular lawn that was to remain had to line up with the middle of the doors, with a bird bath in the centre and steps down from the French Doors. We measured the centre point and used a bamboo, string and line-marker aerosol to draw a circle that looked like an archery target from upstairs! From this circle, paths

were marked to allow movement between the flower beds; they needed to curve so that you don't see everything at once, and had to lead somewhere. We used an old washer-boiler as a focal point in one corner, but it could be anything.



What to plant?

Above all, grow plants that you love, but bear in mind how light or heavy, acid or alkaline, your soil is, where the sun & shade are at different times of day & through the seasons – and how hardy they are against the winter cold and wet!

We started planting in our first Spring (2022). Most perennial cottage garden plants will die back completely to the ground in winter, so we started with permanent planting of trees and shrubs to form a winter structure. We planted a Prunus Amanogawa (columnar flowering cherry), a small Winter-flowering cherry (weirdly Prunus Autumnalis!), and a number of English roses, spaced well apart to provide a 'backbone' to each of the four flower beds that the paths had divided. Most cottage garden style plants flower from late Spring into mid-Autumn, so as well as the small trees and roses, a few evergreen shrubs such as Camellia and Mexican Orange Blossom were added to reinforce the winter structure.

For early-season interest, lots of spring bulbs such as Tete-a-Tete daffodils and Tulips went around the base of the deciduous planting; as with bluebells and snowdrops in Nature, they put on their joyful show for us before the canopy closes and perennials emerge.

It will take a few years for the structural plants to grow to the size required, so we interspersed them with a few 'filler' perennials such as Lupins and Phlox and a few annuals, including a wigwam of Sweet Peas. The perennials can eventually be moved out to elsewhere in the garden or given away. Alternatively, you could grow a wigwam of runner beans or other veg in between - or a bit of both.

With the structural planting in place, Sue turned her attention to the cottage garden flowers. The perennial beds elsewhere in the garden were destined to have hot & bright colours, so her preferred colour scheme for the Cottage Garden was soft, blues, purples, pinks, whites, pale yellows & peaches.

Ideally drifts of 3 or 5 of the same flowers look best, or repeating a plant at intervals can provide cohesion and lead the eye. Barry thought that sounded expensive, so Sue bought one of each chosen plant (but still pretty much the whole garden centre, it seemed!) with a view to dividing them once they have clumped up in a year or two.

A cottage style garden wants an informal, even haphazard look, so anyone can have a go! Some thought and research is needed into height, spread and flowering times, mixing spiky, strappy or feathery leaves to show off plants against each other. Some plants need to have a WOW factor, like the Delphiniums, cactus Dahlias, and Bearded Iris. In a flowerbed that is viewed from all sides, the general rule is to build in height towards the middle. But don't be a slave to this; the occasional taller plant

nearer the front adds informality especially if the stems and flowers are airy and see-through like Bronze Fennel and the 'squirreltailed' Sanguisorba (Burnet).

Regular watering is essential for the first couple of years in dry spells, especially trees and shrubs; a good soak less frequently encourages the roots to follow the water down; this is better than a daily sprinkle which leads to shallow roots that suffer in drought.



Review what worked and what didn't

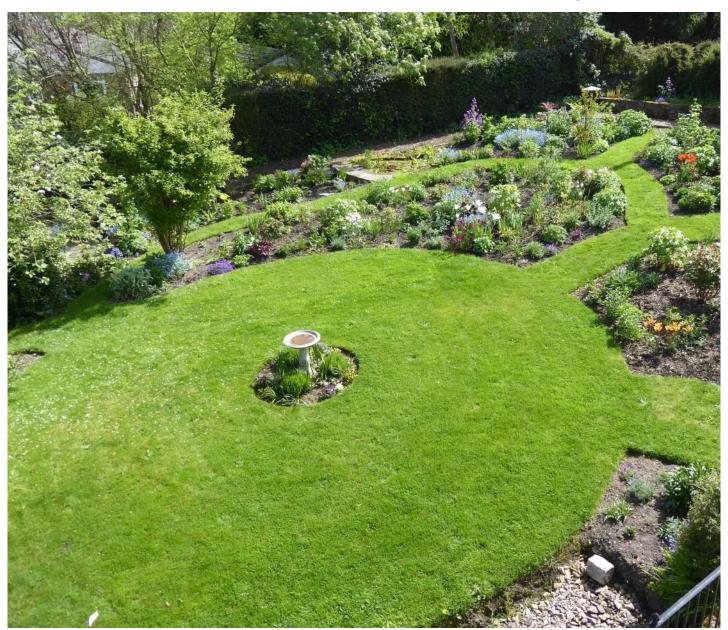
As Autumn progresses, review how individual plants have fared. Whilst the soil is still warm, it is a good time to relocate those that found it too dry, too wet or too windy. If any plants flopped over their neighbours, either move them, or just remember to stake them next year with bamboo & string or plant hoops - <u>before</u> they get too big! Also divide or move out any real thugs that did too well and swamped the design!

Whether to cut perennials back to base and pulling up annuals now, or leaving them for the overwintering wildlife until early Spring, is a personal choice. The top growth can afford protection for the crown of the plant and mitigate the effect of the winter rain on the soil, so we try to be relaxed about cutting back for neatness alone. We do tear out most of certain prolific annual self-seeders such as forget-me-nots, Foxgloves and poppies, leaving a few for next year if they have self-set in the 'right' place!

As well as feeding the new plants, spreading a thick (4") mulch of (ideally homemade) compost on the soil in Autumn will help to protect the plants from winter weather, dramatically reduce weeds on bare soil and retain moisture in Summer.

We hope that this has inspired you to have a go at this quintessentially British style of gardening where there is no right or wrong!

Barry and Sue Evans



Planning a children's party or a family celebration?

Why not book Trefonen Village Hall?

Lots of space and excellent facilities.

Contact: Val Smout Bookings Secretary 01691 657011





Trefonen Village Shop

SHOP & POST OFFICE OPENING TIMES:

Monday - Friday: Saturday: Sunday: 8.00 - 6.00 9.00 - 1.00 10.00 - 1.00

Telephone 01691 671208

You will find all the items you would expect in a convenience store, but if there is anything you would like Hazel to stock, please let her know and she will do her best!

<section-header><section-header>Please support ... OSWESTERY CHREISTEAN BOOKSHOP Lower Brook Street, Oswestry, TEL: 0.601 06.093 For all your needs -Cards and gifts for all occasions Christian books Warious translations of the Bible Ch's and Computer software Nideos/DVDs for sale Bible commentaries, book tokens Children's books and second hand books Bible study books for you or groups Ten, offee, biscuits available! Email: infe@ocbooks.co.uk

Recycling for Charity

A Trefonen resident gave me the article opposite for inclusion in our magazine recently. It appeared in St Oswald's parish magazine, she tells me, but I thought it might inspire some of us to find a charity to benefit from recycling ink cartridges. There are a number of different organisations that will take empty printer ink cartridges. Indeed, I have a box in my study from Recycle4Charity.co.uk! If anyone would like to drop off their used cartridges at my house, I will add them to my box.

Ed.



RECYCLING FOR GOOD CAUSES – 1 Empty Printer Ink Cartridges

You'll all be pleased to know that on the 1st May I sent off our first full box of empty printer ink cartridges to Recycle4Charity.

Our account with Recycle4Charity shows that the contents of our first full box of used ink cartridges raised £44.50 for Hope House, our chosen charity.

The company accepts <u>all</u> makes of printer ink cartridges e.g. Brother; Canon; Epson; HP; - both branded originals and remanufactured. Their value to our chosen charity ranges from as little as 10p (for the remanufactured varieties) to as much as £1.75 for some of the Canon cartridges – but most of the branded varieties which would otherwise end up in landfill are worth at least £1.00 each so please encourage your friends and neighbours to save them for you to bring into church –

Let's see how soon we can fill our second box!

Here are some facts to encourage you -

- 45 million cartridges end up in landfill each year, in the UK alone
- Cartridges take up to 1,000 years to decompose so it makes sense to re-use them as many times as possible.

Chris. Abram

Well done everyone - keep up the good work!!

there here for children 26

			LLANYBLODWEL			TREFONEN
Sun 6	19th after Trinity	11.00am	MORNING WORSHIP		9.30am	HOLY COMMUNION
			Leader: Abie T.			Welcomers: Jeremy & Nyria G
				Job Ch1: vv1-2 & Ch 2: vv1-10		June B
				Hebrews Ch1: vv1-4 & Ch 2: vv5-12		Helen P
				Mark 10: 2-16		Canon Robert Parsons & Peter W
Sun 13	20th after Trinity	11.00am	MORNING WORSHIP		9.30am	MORNING WORSHIP
			Leader: Rebecca C.			Welcomers: Helen P & Shirley H-J
				Job 23: 1-9, 16-end		Tbc
				Hebrews 4: 12-end		Tbc
				Mark 10: 17-31		Leader: KK
						Flowers: Victoria G
Sun 20	21st after Trinity	11.00am	HOLY COMMUNION		9.30am	MORNING WORSHIP
			Rev John Tranter & Rebecca C			Welcomers: Pat & Graham D
				Job 30: 1-7		Helen P
				Hebrews 5: 1-10		
				Mark 10: 35-45		Leader: Linda G
Sun 27	Last after Trinity	11.00am	BENEFICE HOLY COMMUNI	Y COMMUNION with ACTING ARCHDEACON Rev JO FARNWORTH at LLANYBLODWEL	ev JO FARN	NORTH at LLANYBLODWEL
	Bible Sunday			Job 42: 1-6, 10-end		
				Hebrews 7: 23-end		
				Mark 10: 46-end		Flowers: Shirley H-J

Church services in October

Local contacts

Jubilee Club	Alwena Martin 6527	'91
Jubilee Field	K Kimber 6796	46
Llanyblodwel Parish Clerk	Amy Jones <u>llanyblodwelpc@gmail.com</u> 8295	71
Llanyblodwel & Porth-y-Waen Village Hall Sec.	Bethan Cross 8293	68
Oswestry Rural (Trefonen) Parish Clerk	Kathryn Lloyd 07534 6876	63
	<u>clerk@oswestryrural-pc.gov.uk</u>	
Pre-School: ring 07817 641528 or	Shropshire Council 01743 2544	52
Trefonen Garden Club	Chris Kirk 6885	95
Trefonen Indoor Bowling Club	Kath Barkley 8285	87
Trefonen School	Cathy Dunleavy (Head Teacher) 6529	60
Trefonen Village Hall bookings	Val Smout <u>valsmout@btinternet.com</u> 6570	11
Trefonen Village Hall Caretaker	Clive & Kath Roberts 6713	60
Trefonen Village website	www.trefonen.org	

Some useful services

Electricity (Scottish Power)	0800 027 0072	Citizens Advice Bureau	0800 144 8848
Severn Trent Water	0800 783 4444	West Mercia Police	0300 333 3000
Dwr Cymru (Welsh Water)	0800 052 0130	Childline	0800 1111
National Rail enquiries	03457 484950	Samaritans	116 123
HOSPITALS:		Drugs & Alcohol Helpline	0800 776600
RJ & AH Orthopaedic	01691 404000	National Domestic Violence Helpline	0808 2000 247
Royal Shrewsbury	01743 261000	Wales Domestic Abuse Helpline	0808 801 0800
Wrexham Maelor	01978 291100	Victim Support (National)	0808 168 9111
Princess Royal Telford	01952 641222	National Missing Persons Helpline	116 000

Mobile Library

Every other Thursday, 9.05 - 9.40am at the Barley Mow Inn.

Next visits: 3rd, 17th & 31st October



Deadline for copy for the magazine is the 10th of each month.

This is important! It allows time for the editorial team to compile the contents, followed by printing in time for publication at a weekend towards the end of the previous month. The magazine can also be viewed online, usually a few days earlier, via either the Trefonen Village website (<u>www.trefonen.org</u>) or the Benefice website (<u>www.borderparishes.org.uk</u>).

Out and about ...



Fron Ucha cottage garden

Hazel and Trefonen village shop



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